



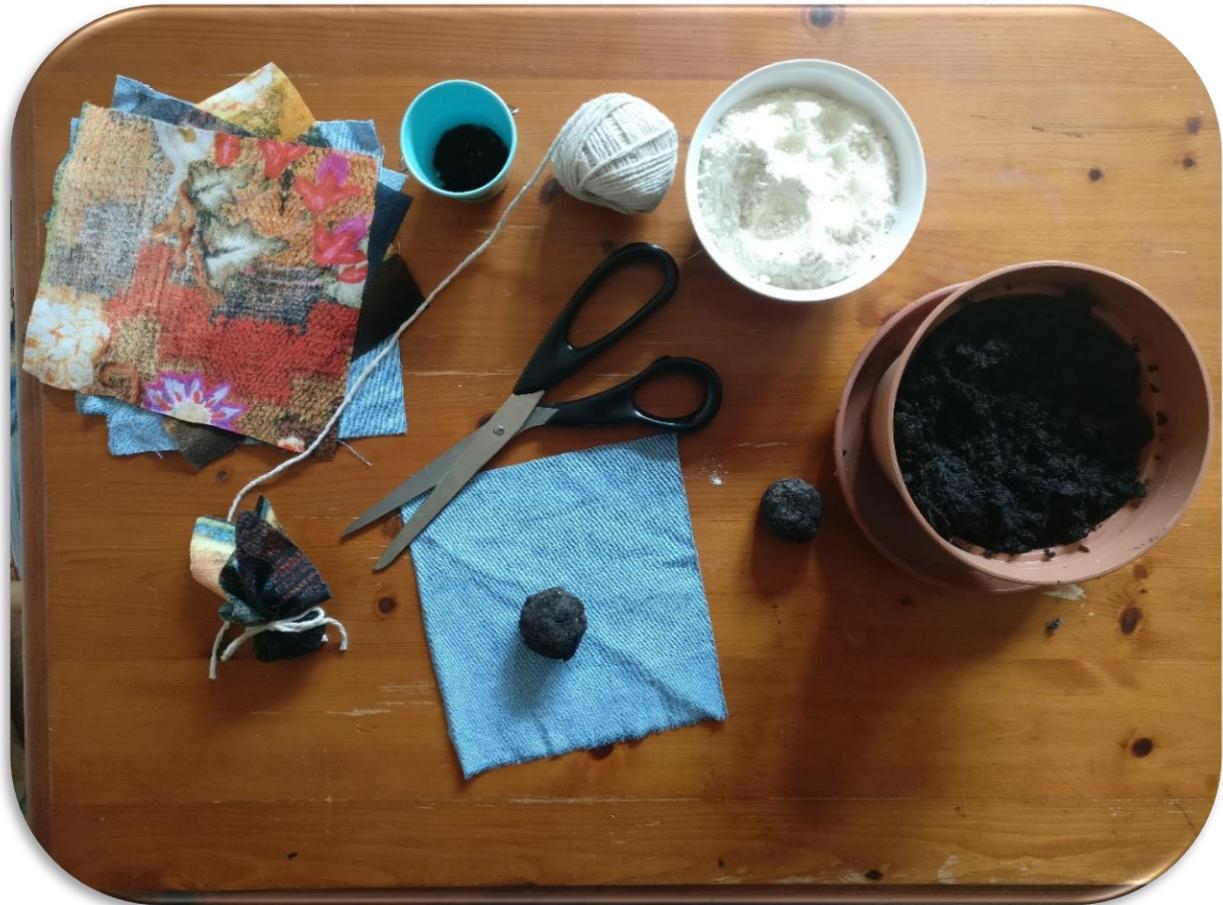
# WILDFLOWER SEED BALL

This one is perfect for a rainy day inside from April-June! Seed balls are a great way to get the whole family involved in gardening. It is important to use native seeds and remember to choose something that will suit the conditions of your garden (we give some advice on this on the last page). These also make eco-friendly and affordable wedding and party favours.





## Materials needed:



Wildflower seeds - 2 table spoons full

Flour - 1 cup

Soil - 3 cups

Mixing bowl

Spoon

Extras:

Scissors

Fabric squares

String





1. Mix the compost, flour and wildflower seeds together. Add just enough water to help the mixture bind without becoming too soggy.
2. Time to get messy! Roll the mixture into a ball in your hand - these can be any size you like; we have gone for the size of a brussels sprout.
3. Leave the seed balls to air dry on the windowsill for a few hours.
4. These are now ready to throw around your garden and watch the beautiful flowers grow! This is best to do when there is a bit of rain forecast as it helps to break down the ball.



If you want to do a little extra then keep reading...





5. Cut squares of fabric to wrap your seed ball in (these could be from recycled clothes, scarves or fabric scraps).



6. Using string to tie to parcel together and give out to your friends and family!





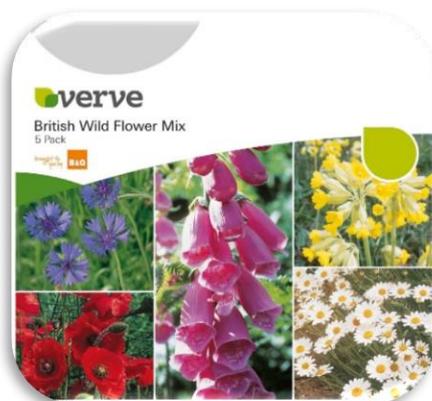
## Try this!

- Learn something new - use these to teach children about different types of seeds, dispersal and germination.
- Make different types of seed balls - some for shaded areas, some for sunny spots.
- Keep a record of different pollinators your new flower patch attracts.

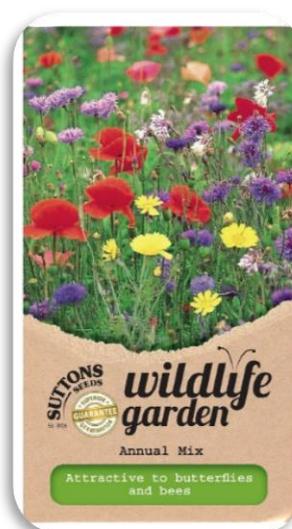
## What seeds?!

Wildflower seeds can be very easy and inexpensive to buy from ordinary shops such as Wilkinson's or B&Q.

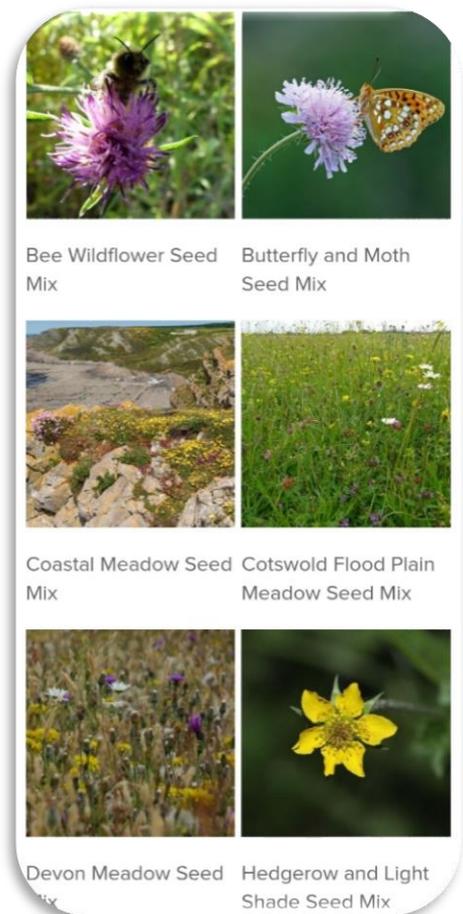
If you want something more tailored to your garden have a look at [britishwildflowermeadowseeds.co.uk](http://britishwildflowermeadowseeds.co.uk).



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